

Medications, Products and Foods to Avoid Before Surgery



The following list of medications, foods and health food products have been found to contain substances that prolong bleeding and may increase your chances of having an intra-operative or postoperative bleeding problem. Please avoid these medications and products in the preoperative period.

Medications Containing Acetylsalicylic acid (ASA)

OVER THE COUNTER MEDICATIONS

A.C.& C.	C2 Buffered	Novo A C & C
AC with Codeine	C2 with Codeine or Caffeine	Pain Aid
Acetylsalicylic Acid	CAImine	Robaxisal
Alka-Seltzer & related products	Centra ASA	Tri-Buffered ASA
Anacin	Coated ASA	217 or 222
Anacin Extra Strength	Coricidin, D, MD	Upsarin Effervescent
Antidol	Coryphen	
Apo-ASA	Cunnard Casse Grippe Cap	PRESCRIPTION
Arco Pain	Dolomine 37	AC with Codeine
ASA	Dristan Capsules	Asasantine
ASA ECT	Dry Socket Paste	Coryphen Codeine
A.S.A. Enteric Coated	Entrophen	Darvon-N products
ASA Suppositories	Equagesic	Endodan
Asaphen	Headache Tablets	Fiorinal
Aser Powder	Herbopyrine	Fiorinal-C
Aspergum	Instantine	Novo-Propoxyn
Aspirin & related products	Kalmex	Oxycodan
Astone	Madelon	Painex
Astrin	MED Tigol	Percodan
Bexton Pwr	Midol	Percodan-Demi
Bufferin	MSD Enteric Coated ASA	Phenaphen
CT Acetylsalicylic Acid Codeine &	Nervine	Robaxisal-C _{1/4} , C _{1/2}
Caffeine	Nezger	692
	Norgesic, Forte	Tecnal, C _{1/4} , C _{1/2}
	Novasen	282, 282 Med or 292

Nonsteroidal Anti-Inflammatory Drugs other than ASA

Generic Name	Common Trade Names
Cimicifuga	Artrol
Choline salicylate-magnesium Salicylate	Trilisate
Diclofenac sodium	Apo-Diclo, Apo-Diclo SR, Arthrotec, Diclofenac Ect, Novo-Difenac, Novo-Difenac SR, Nu-Diclo, Taro-Diclofenac, Voltaren, Voltaren SR
Diclofenac potassium	Volteren Rapide
Diflunisal	Apo-Diflunisal, Dolobid, Nova-Diflunisal, Nu-Diflunisal
Etodolac	Ultradol
Fenoprofen calcium	Nalfon
Floctafenine	Idarac
Flurbiprofen	Ansaid, Apo-Flurbiprofen FC, Froben, Froben SR, Novo-Flurprofen, Nu-Flurbiprofen
Ibuprofen	Actiprofen, Advil, Advil Cold & Sinus, Amersol, Apo-Ibuprofen, Excedrin IB, Medipren, Motirn, Motrin IB, Novo-Profen, Nuprin, Nu-Ibuprofen, Sinus Pr & Pain Reliever with Ibuprofen
Indomethacin	Apo-Indomethacin, Indocid, Indocid SR, Indolec, Novo-Methacin, Nu-Indo, Pro-Indo, Phodacine
Ketoprofen	Apro-Keto, Apo-Keto-E, Novo-Keto, Novo-Keto-Ec, Nu-Ketoprofen, Nu-Ketoprofen-E, Orudis, Orudis E, Orudis SR, Oruvail, PMS-Ketoprofen, PMS-Ketoprofen-E, Rhodis, Rhodis-EC
Ketorolac tromethamine	Acular, Toradol
Magnesium salicylate	Back-Ese-M, Doan's Backache Pills, Herbogestic
Mefenamic acid	Ponstan
Nabumetone	Relafen
Naproxen	Apo-Naproxen, Naprosyn, Naprosyn-E, Novo-Naprox, Nu-Naprox, PMS-Naproxen
Naproxen sodium	Anaprox, Anaprox DS, Apo-Napro-Na, Naproxin-Na, Novo-Naprox Sodium, Synflex, Synflex DS
Oxyphenbutazone	Oxybutazone
Phenylbutazone	Alka Phenyl, Alka Phenylbutazone, Apo-Phenylbutazone, Butazolidin, Novo-Butazone, Phenylone Plus

Piroxicam	Apo-Piroxicam, Feldene, Kenral-Piroxicam, Novo-Pirocam, Nu-Pirox, PMS-Piroxicam, Pro-Piroxicam, Rho-Piroxicam
Salsalate	Disalcid
Sodium salicylate	Dodd's, Dodd's Extra-Strength
Sulindac	Apo-Sulin, Clinoril, Novo-SUNda, Nu-Sulindac, Sulindac
Tenoxicam	Mobiflex
Tiaprofenic acid	Albert Tiafen, Apo-Tiaprofenic, Surgam, Surgam SR
Tolmetin sodium	Novo-Tolmetin, Tolectin

Foods to Avoid Prior to Your Surgery

Almonds	Apples	Apricots
Blackberries	Boysenberries	Cherries
Chinese Black Beans	Cucumbers	Currants
Garlic	Ginger	Pickles
Prunes	Raspberries	Strawberries
Tomatoes	Wine and other alcohol	

Vitamins and Herbs to Avoid Prior to Your Surgery

Vitamin E	St. John's Wart	Gingko Biloba
Echinacea	Garlic	Willow Bark Products